

Sizing

Ankle circumference	small 7"–8.5" (18–21.5cm)	medium 8.5"–10" (21.5–25.5cm)	large 10"–11.5" (25.5–29cm)	x-large 11.5"–13" (29–33cm)				
Calf circumference	small 11"–15.5" (28–39cm)	medium 12.5"–17.5" (31.5–45cm)	large 14"–20" (35.5–51cm)	x-large 16"–23" (40.5–58cm)				
Calf length	short ≤16" (41cm)	long >16" (41cm)	short ≤16" (41cm)	long >16" (41cm)	short ≤16" (41cm)	long >16" (41cm)	short ≤16" (41cm)	long >16" (41cm)
Size	SS	SL	MS	ML	LS	LL	XS	XL

Men's Shoe Sizes: Short (S) 7–11, Long (L) 9.5–14

Women's Shoe Sizes: Short (S) 5.5–9.5, Long (L) 8–12